

Yeshua

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4 x

Ye - shu - a Ky - ri - e e - le - i - son
Chris - te e - le - i - son

7

Glo - ri - a In ex - cel - sis De - o

1. Yeshua, Yeshua, Yeshua, Yeshua (the name of Jesus in his own native tongue of Aramaic)
2. Kyrie eleison (Lord have mercy, Lord let me be an instrument of Divine mercy)
3. Christe eleison (Christ have mercy, ... let me be an instrument of Divine mercy)
4. Gloria (Glory)
5. in excelsis Deo (to God in the Highest)
6. Gloria
7. in excelsis Deo

Directions:

Select partners

1. Holding hands in a circle facing center, allow for a enough space between partners (but not too much) so that the following movement can be done comfortably. (There should also be an interior sense of spaciousness so that the movement is felt in its fullness.) Let the jaw and throat relax as the name of Yeshua is called out. Gently and slowly sway from the pelvic bowl and heart to the right. The held hands and arms also gently crescent up to right with this movement. On the repeats, sway to the left, then back to the right, and so on. This section can be repeated for a longer period at the dance leader's discretion. Also the tempo for this section is moderately slower than the other sections.
2. Opening to divine mercy and compassion, turn and face partner. Raise hands high above head and slowly bring them down as partners bring mercy through and to one another. By the end of the phrase, hold hands with partner at the waist level.
3. On "Christe" open arms wide and level with shoulders, forming a crucifix -- symbol of Yeshua's surrender. On "eleison" partners spin and progress while raising hands above head.--begin the spin by turning towards the partner
4. Holding hands in circle take 4 steps in to the center raising hands.
5. Side step right keeping hands up. Let go hands, palms facing center, on "cel" of "excelsis". The raised arms in the circle can have a cathedral like feel.
6. Continue side-stepping to the right
7. While side-stepping bring arms down on Deo. The circle might need to expand a little so that the dancers are ready to return to the first movement.